

Marsha Bode-- I always loved to dance



I am Marsha Bode, age 60 and live in Kenner, Louisiana.

I always loved to dance and was out with some friends one night and got up to dance and my legs would not move. I was so embarrassed and left. I was getting very fatigued late in the afternoon while working. I went to a neurologist in 1995 and was told I had MS, he gave me some medicine and it didn't do anything for me. In 1996 I went to get a second opinion and the doctor told me I had MG from seeing my drooped eyelid. He gave me Mestinon and within 3 days I felt like a different person. He wanted me to go see a specialist at Tulane Medical Center and I did. The doctor ran tests and it was confirmed I had MG. I was given Prednisone and had improvement.

I continued to work and within 3 years I was up to 120mg of Prednisone and overweight. I had a thymectomy in 1999. I stopped working in 2000. I was able to wean down on my Prednisone and lost weight. I started my own business and am able to work on my own days and hours as an independent Bookkeeper.

I have my up and downs with MG at times and try to manage my life as much stress free as possible to avoid a crisis.

Marsha