



Dear MG Colleagues,

Except for knowing I am working every day for people who live with MG—just like me and my family-- what I might love most about being MGFA's CEO is being a part of the growth and camaraderie of the MG Walk.



Until this year, I and my teammates, "The Rocky Mountain Rascals" had been to every Colorado MG Walk. There is just something so inspiring and rewarding about coming together at a Walk with other MG Community members---all sharing the same goals—working towards better treatments and a cure---as we also try to live our best lives with myasthenia gravis. And I confess I always feel a little teary seeing my grandkids wearing their T-shirts, proudly displaying "I am Walking for My Nana" on their bibs.

But alas, this year it was not to be. I had the best intentions, but a total knee replacement got in the way and I just couldn't do it. Not only did I disappoint myself, I found my teammates were sad to have missed out on our yearly tradition. Missing the MG Walk this year made me start to think about how many fellow members of the MG Community were in the same boat? *Maybe there wasn't an MG Walk in your area -- Maybe there was but you weren't feeling well: a surgery of*

your own, a bout with the flu, or an MG flare...Or you had a conflict: a family wedding, a work obligation, a daughter's first communion. I get it. Life happens!

But then I had an...



Why should ANYONE miss out on the opportunity to come together and change the world for those living with MG? **What if we could have a virtual, nationwide team—open to everyone?**

I want to invite you and your friends and family to join my team, TEAM BLIZZARD, named in honor of the many people with MG that think of themselves as “snowflakes” because our disease experiences are unique. However, when individual snowflakes come together, a powerful force known as a blizzard is born. I have to confess; I have never been very good at fund raising. It felt funny to me to ask for money. Maybe you have felt that way, too. But then someone said: “Nancy, *think about it! IF WE (THOSE WHO KNOW WHAT MG CAN DO) DON'T STEP UP, WHO WILL?*” When I had no answer, I knew it was my turn to swallow my pride and **ASK!** **So I am asking YOU to join me. I have set a personal goal of \$10,000 and a team goal of \$25,000!** Yes---*that's ambitious but I think we can do it!* Did you know that \$25,000 will fund a half a year of a High Impact Pilot Grant?

Please consider one of the following 3 ways to help us move one step closer to a world without MG...

1. **Join my team and register as a virtual walker for Team MG Blizzard** and invite others to join and to support you with their donations. To register, visit <https://mgwalk.securesweet.com/teampage.asp?fundid=24135#.Wgm9lluPKM8>

2. **Donate to me on behalf of Team MG Blizzard.** I am SERIOUS about reaching my \$10K goal, so **I have committed to match every donation to my Walk, dollar for dollar, up to \$5000.** Click here: <https://mgwalk.securesweet.com/NancyLaw> to donate and make me pay up on my promise!
3. **Captain your own Virtual Walk Team.** Invite your friends and family---and give Team MG Blizzard some competition! To register, <https://mgwalk.securesweet.com/teampage.asp?fundid=24135#.Wgm9lluPKM8>

NO MATTER WHERE YOU LIVE, I want to get to know you. I want to hear your story. I want to ensure that no one with MG feels alone and left out. We all can make a difference. TOGETHER, we can create a powerful experience---as we raise funds and awareness for MG.

Our Virtual MG Walk Day will be on 12/17/2017. On this day, you can "Walk" any way you wish including from a treadmill, while walking in a local park or even cheering on your fellow virtual MG walkers from your couch! In the weeks leading up to this day, I will send ideas, messages and encouragement through email and Facebook and keep you updated on our progress.

Thank you for your consideration to support the 2017 MG Walk in any way you can. Together we are #MGStrong as we continue to step closer to the ultimate finish line...a world without Myasthenia Gravis!

Nancy Law

Nancy Law, Chief Executive
Myasthenia Gravis Foundation of America
Phone: 212-297-2152
Nancy.Law@myasthenia.org
www.myasthenia.org
Be a part of the MG Walk! www.mgwalk.org