

Diana Janke, "I am not alone."

I was introduced to a new life when I was diagnosed with Myasthenia Gravis in May 2015, at the age of 60. Such an odd disease, I had no idea that the weakness I felt in my arms, legs and especially my vision, would show me the inner strength I had forgotten I possessed. Through numerous courses of medications, I learned that this is a very individual disease, one treatment that works extremely well for some, causes extreme side effects in others. The strength to carry on comes from within. I walk daily, some days further than others, but I keep moving. Reaching out to others in my support group Low Country MGSG of South Carolina, and online through Facebook gives me the

opportunity to realize that while this is a rare disease I am not alone.

Thank you for allowing me to share.

